



Ileostomy & Internal Pouch
Association

Registered Charity

Newsletter number 152 – June 2020

Hello

Hello to all our members in these very bizarre times, I hope that you are all staying home and staying safe. As I write this newsletter we are just a week away from plans being made public for coming out of lockdown, currently with no committee meetings taking place we have not fixed the date of our autumn meeting, but as yet we don't know if this will be able to take place.

AGM (Annual Gathering of Members) 2020 – Saturday 14th March, 2020



A big thank you to all those members who came along to the AGM, fortunately we were still able to go ahead with this, just managing to get this in before the lockdown came along on March 23rd. At this time there was no shaking of hands just the nudging of elbows. We did have a couple of company representatives whose companies advised them not to attend but there were still five appliance companies present for members to visit.

At the AGM, chairwoman Alisoun MacDermid presented a mirror to stoma care nurse Felicity Nutting, this is one of 200 that we donated to the stoma care department. The mirrors will be given to new patients and they are used with the patients to facilitate changing of a bag. The mirrors were requested by the stoma care nurses after we approached them looking for ideas on how we could spend some of the legacy money that we received last year.

Coronavirus (Covid-19)

There is excellent information relating to Coronavirus (Covid-19) on the IA website (www.iasupport.org) with numerous Frequently Asked Questions, this is well worth a read. One of the areas discussed is 'What if I have a problem with my stoma during lockdown?' and refers to a Stoma Care Self Help Guide. This is an excellent guide and is well worth looking at, the web address is <https://iasupport.org/the-stoma-care-self-help-guide/>.

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