



Coronavirus (Covid-19)

Due to the current circumstances we have not had a committee meeting since January but remain in touch with each other by email. We have agreed that we will NOT be holding an autumn meeting this year which would normally take place in early September.

There is excellent information relating to Coronavirus (Covid-19) on the IA website (www.iasupport.org) with numerous Frequently Asked Questions, this is well worth a read. One of the areas discussed is 'What if I have a problem with my stoma during lockdown?' and refers to a Stoma Care Self Help Guide. This is an excellent guide and is well worth looking at, the web address is <https://iasupport.org/the-stoma-care-self-help-guide/>.

With lockdown restrictions being lifted IA have produced a number of #IAmStrong facemasks. These are made of three layers and are washable. These are not classed as PPE for use in clinical environments but are suitable for wearing on public transport and if visiting a hospital. These are available on a first come, first served basis, with one face mask available per paid up member, whilst stocks last. You will need to apply on the IA website at www.iasupport.org/facemask, at the time of writing there are still some available.

Contact

Please remember although we are not holding any meetings at the moment we are still available if you wish to discuss anything with us or alternatively you may wish to contact national office which is still open, their contact number is 0800 0184 724.

Another area of contact with other members is through the website forum, this can be found here: <https://iasupport.org/forum-terms/>.

Midlands Bulletin

The editor of the Midlands Bulletin is asking for members to write about their lock down experiences, especially if you have some photos to illustrate your story. Articles should be sent directly to the editor, Lorraine Cadwallader, ideally by email to editor@midlands-ia.org.uk. If you wish to send your article by post then Lorraine's address is The Poplars, 231A Stourbridge Road, Kidderminster, Worcestershire DY10 2XB.

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