



CONTACT

As I write the newsletter we are on the eve of the second national lock down. I would like to remind all members that we are still available if you wish to discuss anything with us or alternatively you may wish to contact IA national office which is still open, their contact number is 0800 0184 724.

If you do have concerns with regard to your stoma during lockdown The Stoma Care Self Help Guide is an excellent resource and is available on the IA website: <https://iasupport.org/the-stoma-care-self-help-guide/>. If you don't have access to the internet and would like a copy of this then contact me, details below, and I'll send you a copy.

If your concerns are more immediate then you are always welcome to contact the Leicestershire Stoma Care Nurses, telephone the NHS helpline on 111 or of course you can speak to your G.P.

SUBSCRIPTIONS

Traditionally subscriptions were due on 1st January for all members. Now that IA national office handle our subscriptions this process has changed and for any new members joining their subscription date will be the anniversary date of when they joined. Therefore the following is for information only and is aimed at the majority of members whose subscription is due on 1st January 2021.

1. Members paying by standing order

If you would like a standing order form, please contact the undersigned, as soon as possible.

2. Members who pay via online banking

The information you require is: Account number 6585 4408, Sort code 08-92-99 and the payment reference must be in the format SURNAME-POSTCODE e.g. SMITH-LE49JQ. Ideally the date of the payment should be 1st January 2021.

3. Members who pay online at the IA website.

This can be done at the following address:
<https://www.iasupport.org/membership/renew>. Please ensure that at the local group stage you use the pull down menu to select Leicestershire IA.

4. Members who like to pay by cheque.

The cheque should be made payable to 'IA' and should be sent through to this address: IA National Office, Danehurst Court, 35-37 West Street, Rochford, Essex. SS4 1BE. Please make sure that you give your surname and postcode as a reference.

5. Members who like to pay at the AGM.

A date for the AGM has not been fixed yet due to the uncertainty surrounding Coronavirus, for continued continuity of your membership please use one of the other four methods shown above.

The subscription rates are still the same as last year, at £15 for those between 16 and 60 and £10 for those members over 60. If you have any concerns what so ever about your subscription, do not hesitate to contact me.

Please note that all monies that you pay to National IA will be put into a 'Leicestershire IA pot' for the continued use by your committee, it will not be mixed up with any other monies which is why it is important that you give your surname and postcode with any method of payment.

On behalf of the committee can I wish all our members a merry Christmas and a healthy and happy New Year.

STAY SAFE.

Alan West

Secretary

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